



Divine intervention

Gail Ross is one interesting lady. She gave up a successful mediumship practice in Scotland because she felt drawn to live in the Limousin and now gives readings around Treignac for the price of a cup of coffee. Oh and she's renovating a medieval schoolhouse too. We find out more...

When and why did you move here?

We moved here in January last year. I believe a place chooses you, not the other way around, and the old cliché that if it's meant to be then it will. I didn't plan it. In fact I often wonder how I end up in places!

Where were you before this?

In Spain for four months. We sold everything and moved there with nothing more than a bag each, but ultimately we didn't feel that we belonged there. Before that we were in Aberdeen for 15 years where we renovated an old schoolhouse and I had my own practice, and I really loved it there.

How did you get into mediumship?

My dad died when I was 16, and I couldn't really work out what death was all about, I just kept thinking but what if they'd got it wrong? After that I became very interested in spiritualism – I found a website which lists all the spiritualist churches in the UK (it's a registered religion) and did my training in a church in Aberdeen.

What's it all about?

Mediumship is about making people change their level of consciousness – a bit like daydreaming. Some mediums see spirits, some hear them, but it's usually more a feeling for what someone was like.

So it's not all jiggery pokery then?

No, there are no subliminal messages and I'm not a fortune teller either, which is what I'm usually called! It's a form of hypnosis, where you're not asleep, but you're very relaxed and allowing your mind to let go. I never summon people either. The spirit world decides who you get, which can be a bit of a disappointment if you don't get who you think you will.

What does mediumship mean to you?

I think it has brought me a sense of peace, and makes me look at the value of my life and live each day as if it's the last. Other cultures celebrate death, but our society sees it as a bad thing. But if we've done what we're supposed to have done in life then it shouldn't be, it should be celebrated. I believe that everything happens for a reason, and everyone you meet is for a reason.

Tell us about the free readings...

I'll travel to any cafe within a 30km radius of Treignac (includes Uzerche, Eymoutiers, Bugeat, Seilhac) and meet you for a reading and a coffee for free. Well actually not entirely free because you can pay for the coffee! Please see my website first (below) to find out more about the process and if it's right for you.

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